

Dream Catchers

An ancient Chippewa tradition
The dream net has been made
For many generations
Where spirit dreams have played.

Hung above the cradle board,
Or in the lodge up high,
The dream net catches bad dreams,
While good dreams slip on by.

Bad dreams become entangled
Among the sinew thread.
Good dreams slip through the center hole,
While you dream upon your bed.

This is an ancient legend,
Since dreams will never cease,
Hang this dream net above your bed,
Dream on, and be at peace.

