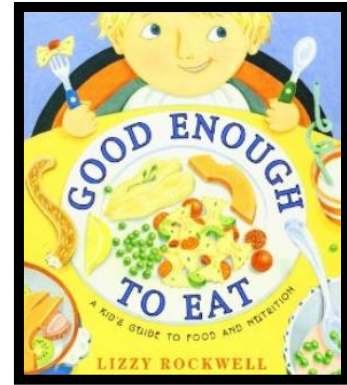


"Good" Food



Objectives:

- Read with purpose and understanding.
- Analyze text to determine theme and lesson.
- Discuss literature in a meaningful manner.

Procedure:

- Introduce the book *Good Enough To Eat* by brainstorming favorite foods and/or the best foods.
- Ask students to focus on the following question as they listen to the book being read aloud: Why do our brains need good food?
- Allow students to discuss the following questions:
 - What are "Good" foods?
 - Why do we need good food?
 - What might happen if we decided only eat junk food?
 - Why did the author write this book?



CCSS

RI.2.1, RI.2.6, RI.2.10,
SL. 2.1, SL.2.1a,
SL.2.1b, SL.2.1d, SL.2.2
& SL.2.6

